

## Welcome

Welcome to our 1<sup>st</sup> newsletter of 2011! This year is starting to look like a very exciting (and busy!) time for OnThisROC as more and more people are beginning to hear about the work that we are doing. Here is just a short line up of the activities taking place over the next few months.

## The Social Inclusion Project with Liverpool & Everton FC gets underway

OTR have teamed up with Liverpool & Everton Football Clubs to assist them in providing a 10 week social inclusion project. During this time we aim to reach



60 disadvantaged young people and give them an opportunity to rock climb, something which they may never have had a chance to do before.



## OTR Starts Climbing Lessons at Booker Avenue Junior School

As of February 1<sup>st</sup> OTR will be taking year 6 pupils climbing as part of their PE at the school. This will provide 48 children with a taster in climbing with further plans to run a NICAS course with the school, allowing the pupils to achieve certificates in climbing.



## OTR starts taking its climbing groups to the new bouldering centre in North Liverpool

THE CLIMBING HANGAR

January saw the opening of a new bouldering centre open up literally a stone's throw from the Awesome Walls Centre. *The Climbing Hangar* claims to be 'the biggest and best dedicated bouldering centre in the west of Britain', allowing both our regular OTR club members and the St. Gregory's group from Netherley to progress further on their NICAS level 3 certificates.



## Our climbers aim high with Team GB

We are delighted to announce that two of our regular climbers have been given the chance to climb with a member of the British Team. Our young talent was spotted during OTR's recent trips to *The Climbing Hangar*. The two young people were invited to attend sessions where they would receive climbing tips from the British lead climbing champion!

## Partners Update

As a result of your continued contributions towards OTR we have been able to financially support one of the young climbers from our above

article to continue climbing with us, and without your help he may not have been able to receive this great opportunity. So on behalf of him and all of us at OnThisROC we would like to say a huge thank you!

## OTR Partners Liverpool PCT in its 2020 Health & Wellbeing Scheme



As part of the '2020 – Decade of Health and Wellbeing' campaign, OnThisROC has partnered up with Liverpool Primary Care Trust and other organisations to promote health and wellbeing within the city. As part of our pledge towards this we are seeking to meet the 'Be Active' part of the 2020 agenda. To find out more about campaign visit [www.2020healthandwellbeing.org.uk](http://www.2020healthandwellbeing.org.uk)

## Get In Touch with OTR

Whether you're part of a school, youth or community group, social enterprise or charity, business or even an individual, OnThisROC would love to hear from you. We offer a variety of climbing opportunities which you can check out on our website: [www.onthisroc.co.uk](http://www.onthisroc.co.uk) or call us on 07850 344144 for more information about a tailor made project to suit you or your organisation.

## A Big Thank You

OnThisROC would like to say a huge thank you to all our supporters. Without your encouragements and your gifts we couldn't do the work we do.

Andy  
Managing Director